



Tibetan Meditation Center

Greetings to TMC members and supporters, Dharma brothers and sisters:

As another year comes to an end, we are inspired to look back upon this year's activities and to plan for the future. As we take the time to reflect upon the people and events that have come to TMC during the year, we can recognize the unique and supportive environment that learning from accomplished teachers and practicing with a devoted community can bring.

In addition to presenting several weekend retreats and the regular weekly practices, we were honored to have Lamchen Gyalpo Rinpoche from the Gampopa Vajrayana Buddhist Center teach at Spring Retreat. As part of the Retreat, Khenpo T sultrim Tenzin, our Spiritual Director, taught from his newly-published book, *Profound Protection, A Commentary of Lord Jigten Sumgon's Seven Supplications to Tara*.

This summer we were blessed with a visit from His Holiness Drikung Kyabgon Chetsang Rinpoche. To acknowledge His Holiness' long-time interest in promoting responsible environmental activities, TMC organized an interfaith program titled *The Spiritual Path and Environmentalism* at a downtown Frederick church. Participating in the program were His Holiness, Khenpo T sultrim, a Catholic priest, a Protestant minister, a Jewish rabbi and a representative from an interfaith green energy coalition.

In order to enhance TMC's outreach to the community, we have begun teaching *Introduction to Buddhism* and conducting a book study group at Frederick Meditation Center in downtown Frederick. Also, following the sale of the property on Hawbottom Road, we are considering a property closer to town to give us greater visibility and, perhaps, a retail shop.

As always, this letter ends with the necessary but grateful appeal to your generosity in financially supporting the Center and what it offers to you. You can use the *Donate* tab on the website (drikungtmc.com) or send a donation directly to us. We appreciate your contributions of all types and wish you a prosperous and peaceful 2016.



Julie Blair, President
Board of Trustees