

Tibetan Meditation Center

9301 Gambrill Park Road
Frederick, Maryland 21702
drikungtmc.com
email: info@drikungtmc.com
phone: 301.473.5750



2017 Annual Spring Retreat



WITH

**HE Thritsab Gyabra
Rinpoche**

AND

Khenpo Tsultrim Tenzin



Saturday **Sunday**
May 27th to June 4th

Saturday, May 27, Morning (10AM-12PM): Achi Chokyi Drolma **“Soul Mother” empowerment** with Tritsab Rinpoche
Afternoon (2PM-5PM): Achi “Soul Mother” teaching with Tritsab Rinpoche

Sunday, May 28, Morning: **Vajrayogini empowerment** with Thritsab Rinpoche
Afternoon: Teaching and Practice of Vajrayogini

Monday, May 29, Morning: Four Session **Practice of Achi Chokyi Drolma**
Afternoon: Four Session Practice of Achi Chokyi Drolma

Tuesday, May 30—Thursday, June 1:

Morning: Khenpo Tsultrim Tenzin teaching on **“Rays of Sunlight”**
Afternoon: Practice of **Vajrayogini**

Friday, June 2: Morning and Afternoon: **Liberation Puja** with Tritsab Rinpoche

Saturday, June 3, Morning: **Sambhogakaya Medicine Buddha empowerment** and oral transmission
Afternoon: Instruction and practice of Sambhogakaya Medicine Buddha

Sunday, June 4, Morning: **Milarepa Hearing Lineage Guru Yoga** in Special Drikung Kagyu Tradition, with Tshok

Suggested Donations:

\$45.00 per day

\$325.00 entire retreat and materials

No one turned away for lack of funds.

Pre-register at register@drikungtmc.com

For volunteer and work study opportunities, contact
info@drikungtmc.com

HE Thritsab Gyabra Rinpoche was recognized by His Holiness Chetsang Rinpoche to be the seventh incarnation of the second Drikung throne holder Khenchen Tsultrim Dorje in 1986, and enthroned in 1990. He completed a three year retreat in order to benefit all sentient beings. In 2001, he took full monastic ordination, and was appointed as the vajra regent of His Holiness for the Drikung Kagyu Lineage in the future.

Khenpo Tsultrim Tenzin has been the Spiritual Director and principle teacher of the Tibetan Meditation Center since 2002. He is widely known as a skillful teacher and scholar of profound depth on many subjects. He is also known for his friendly nature and lack of pretension, as well as his ability to make his teaching easily understood by Westerners. Khenpo Tsultrim has recently published *Profound Protection*, and continues to work on several other books.

Achi Chokyi Drolma is the enlightened Dharma protectress of the Drikung Kagyu lineage. The **Soul Mother** practice takes the practice of Achi beyond simply that of a Dharmapala. This is the special practice of Achi as guru, yidam, dakini, and dharmapala at once! This practice was written by the 6th Thritsab Rinpoche by revelation through a vision of Achi Chokyi Drolma herself.

The **Rays of Sunlight**, written by Ayang Thubgten Rinpoche, is a commentary on Zhedang Dorje's *Heart of the Mahayana Teachings*, a detailed guide on the path to awakening. It contains all of the Drikung Kagyu lineage's essential teachings on both sutra and tantra. It is therefore considered one of the most valuable commentaries in the lineage. Particularly, it ends with an extremely profound explanation of the "Fivefold Path of Mahamudra."

Vajrayogini is the consort of Chakrasamvara, embodying enlightened wisdom. Originally taken as a mere variation of Chakrasamvara's practice, over time she has come to be practiced as an yidam herself, with her practice being known particularly for delivering rapid results in the form of enlightened wisdom.

The **Liberation Puja** is a practice to bring peace and blessings to the deceased, in order to guide them to better rebirths in the blissful Sukhavati pure land of Amitabha. Tritsab Rinpoche is known for his profound skill at this puja. Attendees are encouraged to bring the names of recently deceased persons so they can benefit from this opportunity.

The practice of **Sambhogakaya Medicine Buddha** is a special practice of Medicine Buddha in the Drikung Kagyu lineage, written by Drikung Dharmakirti. This practice is not only for the liberation of the physical body from sickness, but also for the much more important healing of the spirit as a practice for enlightenment and liberation of sentient beings from samsaric suffering.

The **Milarepa Guru Yoga of the Hearing Lineage** is a special Drikung Kagyu tradition of guru yoga, which makes offerings to bring the blessings of the great yogi Milarepa. This particular practice is performed in the style of Milarepa's Hearing Lineage. It includes a practice of **tshok**, a feast offering for the Guru Milarepa and the lineage.